

My "Smart Skills" Profile

Name _____ Form ____ Tutor ____

Score each statement like this....

"This is not like me at all" = 0

"I'm sometimes like this" = 1

"This sounds quite like me" = 2

*Thinking & Learning
Skills*

Myself Smart

1. I like time on my own to think things through
2. I find it easy to explain why I do things
3. I like lessons that teach me about myself
4. I prefer to work on my own, rather than in a group

Music Smart

1. I often have a tune running through my mind
2. I know the tunes of lots of songs
3. I often sing a tune when I'm thinking or working
4. I enjoy singing or performing music

Picture Smart

1. I like pictures and diagrams, especially in colour
2. I can remember pictures and incidents in detail
3. I have a good sense of direction
4. When reading, or listening to some one, I can see pictures in my mind

Number Smart

1. I enjoy logic puzzles, and working things out
2. I like experiments, and finding out things
3. When I'm shopping, I easily work out the cost of things, and my change
4. I like lists, and learning things one step at a time

Word Smart

1. I can explain difficult things to other people
2. I find reading easy and enjoyable
3. I can hear the words in my head before I say or write them
4. I like word puzzles, and writing stories

People Smart

1. I get on well with all sorts of people
2. If I have a problem I'll discuss it with a friend, and not try to sort it myself
3. I like working or playing in a team
4. Friends often ask me for help and advice

Nature Smart

1. I like being outside
2. I care about the Environment I live in
3. Sometimes I take a walk to think about something ..
4. I like animals, and I know quite a lot about them

Body Smart

1. I like lessons where we will be moving about and doing things
2. I like to find out for myself, not by being told
3. I can't sit still for long, and I get restless in lessons ..
4. I like regular sport and exercise

Now add up the **total** for each section, and plot your Smart Skills **profile**....

