

Year 8 Thinking and learning Skills - 8 - 3 - VAK Learning Activities Name _____ Form ____

(1) Add some examples of VAK activities from your own lessons.....(2) Colour code the table.....

Thinking Skills

(3) add your own pictures and words to help you remember each activity.

Task	V - Visual	A - Auditory	K - Kinaesthetic
Learning new words	Picture the word in mid-air...in sparkly letters....look at its shape.	Break the word into chunks and say each chunk out loud.	Trace the word in the air with your finger...forwards and backwards.
Learning a list of things	"See" the items and put them in a pattern.	Make up a new word from the first letters....eg HARPECKS.	Count the items off on your fingers.
Practising Learning	Make a Cluster Map or Spider diagram.	Discuss the questions and ideas with someone else.	Practical activities.....experiments, and sorting cut-outs from a Worksheet.
Revising	Highlight key points in your Exercise book.....add your own pictures and decorations.	Read your learning out loud....get someone else to ask you questions.	Walk or move about while you are learning...trace out shapes in the air.
Examples from my own lessons			

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8 - 3 - VAK