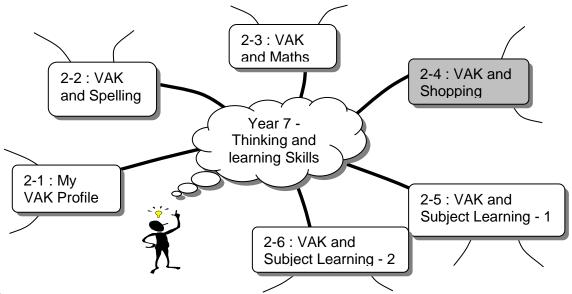
Resources	Key Words	Thinking Skills			
<ul> <li>A3 paper (lesson)</li> </ul>	Visual, Auditory, Kinaesthetic,	_			
<ul> <li>felt tips</li> </ul>	shopping, odd things				
OHP and OHTs					
A4 for Homework (?)					
Learning outcomes:	use VAK thinking to remember a list of things				
I will be able to	make up a story to help me remember				
(IWILBAT)					
Homework	Task 2.4 VAK and remembering listsshopping list, or a				
	weekend away, or something from a lesson.				
Entry - while students	copy lesson titleaimskey wordsHomework				
are coming in and	Homeworkfrom last lesson ready to hand in				
settling	3 things from last lessonnoted in Ex. book				
4 5					
1.Starter (5 mins)	Brain BoosterWhat did we learn last lesson?				
2.44 - 1	Question: how do you remember a list of things?				
2.Main part	OUT 1				
<b>a</b> . (15 min)	• OHT 1				
Brain Break	Brain Break				
<b>b</b> . (20-25 min)	Group work on a poster				
	Add to the "Big Picture" in students' Ex. bookson A3				
3. Plenary (5 min)	• 1 thing from the lesson				
	What Learning can be improved and how will you do it?				
	<ul> <li>who has done well in the lesson?&gt; merit</li> </ul>	ts			
Homework	ReminderTask 2.4remembering a list.				
And next lesson	VAK and Subject Learning - 1				

# Thinking and learning Skills (v2) -07 - 2-4 - VAK and Shopping Guidance on this Lesson



Starter

Brain Booster - As usual, do one of these exercises at the start of the lesson

Lazy 8s	Double Doodle	Arm Activation	Hook Ups	Balance
				Buttons
"To read and write,	"Links hand and	"At any time, to	"It's easily done,	"To think and
and do well in a	eye, helps writing	relax and feel	there's no hocus	remember, and do
test,	too,	great,	pocus,	well in PE,
Lazy 8s is the very	Double Doodle is	All you do is Arm	Hook Ups help me	Balance Buttons is
best."	the one for you."	Activate."	to listen and focus."	the one for me."

Ask the question....Imagine you've got a list of things to remember....you've been asked to go shopping...or... there's a list of things you've been taught in a lesson.

How can you remember? You can take some answers, and link them to the lesson.

This lesson will teach some tricks to remember things, using a shopping list as an example.

#### 2. Main Part

**a**. Take students through **OHT 1** to demonstrate VAK and "Magic Memory" applied to Shopping. I've deliberately given this some **bizarre** aspects. Some students find this hard to handle. Tell'em that it's been shown that **odd things** stick in your memory..... hmmm, also rude things too, but you don't need to mention this!

After the OHT, go round the class, asking students to name the next item on the list, and HOW they remember it....you'll repeat the list of 4 items of course. This will help them get used to this probably novel way of thinking, and the oddities, and may raise some useful variations on what's in the OHT.

**b.** Group work - Now put students could be in groups of 4 (maybe VAK-balanced)..... above this number, there will be peripheral idlers..... this will give you 6-7 groups.

Each group has to do the task on OHT 2....they have about 20-25 minutes...so time is tight.

Each group to **present** their work to the class. You might need to **limit** the presentations, to fit in the lesson. If time, you could ask students for **positive comments** on other groups' work.

The posters could go up on display...other classes would be interested.

It would be nice to have a camera to record the good work being done.

- 3. Plenary "What have we learned about using VAK to remember?
- **4.** Homework How they can use VAK to remember lists...for shopping... holiday...or from a lesson. Students might want to do this on a poster....A4/ A3 paper.

Y7 Thinking –OHT 1

# VAK, Shopping and "Magic Memory"

# (a) basic VAK

- 6 free-range **E**ggs
- 2 pounds of **C**arrots

#### Visual

- visualise the items
- "see" the supermarket
- make them into a pattern.... a face or a person

#### Auditory

- hear the sounds of the words
- use alliteration..."TT"
- make an acronym...."ECTT"...it also rhymes "EC" "TT"
- a Tin of Tomato soup
- <u>T</u>eabags must be <u>T</u>yphoo

#### Kinaesthetic

- link the items to your fingers
- "stand" in the right place in the supermarket
- "feel" each object in your hand
- link them to a journey round the supermarket

## (b) Make up a story

## Make up a story...

A hen lays 6 eggs....the last 2 are carrots.....fired like bullets out of the back end of the hen....shot into the tin of soup....red everywhere......tin can becomes the boiler of a steam train.....whistle blows....." Woo Woo Typhoo!".....tea bags instead of steam. It could be **any story** that links the items.

#### A good story....

- has odd things happening (you remember these better)
- is VISUAL see the red
- is AUDITORY hear the steam whistle
- is KINAESTHETIC feel the hot steam.

# (c) Take a Memory Journey

# Take a memory journey...

Put these items in odd places around your home... maybe starting with.....

**6 eggs** smashed on your front door..... the clock has 2 carrots instead of hands.... you open a door and the handle has changed to a tin of soup..... the chairs have giant tea bags instead of cushions.

#### A good memory journey....

- has your list linked with familiar things
- has odd things happening
- takes you on a tour round your home
- has plenty of VAK features

A good "memoriser" puts all these tricks together.

# **VAK and Shopping**

VAK and Shopping – OHT 2

- button mushrooms
- 2 litres of semi-skimmed milk
- a pack of frozen pizzas
- whitening toothpaste
- pasta the one that's little bows
- plain chocolate digestive biscuits
- and....2 other items of your own choice

#### Remember...

- use VAK
- dare to put in odd things!
- you can tell a story
- you can put it in a familiar place...like school

# Your tasks are to use your VAK skills to....

- (1) **learn** the shopping list, with **2 items of your own** added
- (2) explain to the class how you remember your list

You will need A3 paper to make a poster.

You will need to **explain** where you use **V, A, and K**.

Your teacher may ask you to demonstrate how you remember your list.