

(1) Add some examples of VAK activities from your own lessons.....

(2) Colour code the table..... (3) Add your own pictures and words to help you remember each activity.

Thinking Skills

Task	V - Visual	A - Auditory	K - Kinaesthetic
Learning new things in lessons	<ul style="list-style-type: none"> • "See" the items and put them in a pattern. • look at shapes of words..... and words within words..... ..like sepARATE. 	<ul style="list-style-type: none"> • Make up a new word from the first letters.... eg HARPECKS. • split new words into chunks "ee-lek-trik"... say each chunk out loud. 	<ul style="list-style-type: none"> • get busy with Practical activities experiments... sorting cut-outs from a Worksheet. • trace words & images on paper and in the air... forwards and backwards.
Revising and Practising Learning	<ul style="list-style-type: none"> • Make a Mind Map or Spider diagram. • Highlight key points in your Exercise book..... add your own pictures and decorations. 	<ul style="list-style-type: none"> • Read your learning out loud get someone to ask you questions, and give verbal answers • make rhymes and raps 	<ul style="list-style-type: none"> • write your learning on cards and post-it notes and move them about • teach your learning to someone else
Examples from lessons	Subject_____	Subject_____	Subject_____
	Subject_____	Subject_____	Subject_____
	Subject_____	Subject_____	Subject_____