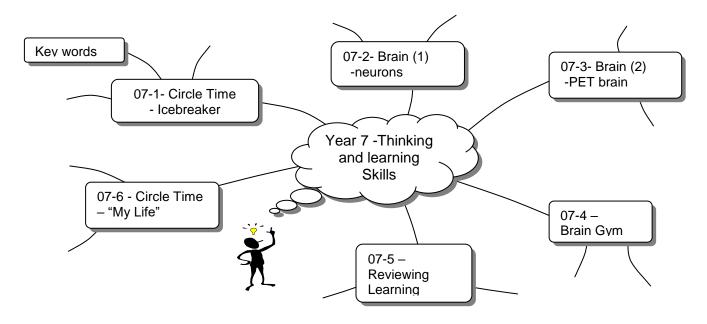
Resources		Key Words	Thinking	
• Laptop + projector + screen		neuron, synapse, electrical signal,	Skills	
Human elec. circuit - optional			BL1	
Thinking Skills Record	+ glue		LT2	
Learning outcomes:	• the na	me the parts of a neuron, and how it works		
I will be able to	say how practising my learning improves my neurons and			
(IWILBAT)	synapses			
Homework	Task 2 and 8 (extension)			
Setting up the lesson	copy lesson titleaimskey wordsHomework			
	• Home	vorkfrom last lesson ready to hand in		
	• 3 thin	gs from last lessonnoted in Ex. book		
	stick Skills Record in Ex. book			
1.Starter (5 mins)	Brain Booster			
1.5 idirler (5 mins)	Option AA simple Human electric circuit1 cell, sensitive			
	•	d students holding handswe are electrical		
	Option BTrue or False? - an average brain has 1 million million brain cells			
	- if you don't use your brain cells they die			
	- your brain needs oxygen and water to work properly			
	- all your brain cells stretched end to end would reach to the Moon			
	a	II TRUE!		
2.Main part a. (10 min)	PowerPoint presentation introducing the basics of brain learning			
		g in on Neurons.	3	
		ak exercise		
b . (20 min)	Worksheet to summarise key learning, and give students practice.			
c. (5 min)	Add to the "Big Picture" in students' Ex. bookson A3			
Homework - reminder	Volumay 4	ant to explain the Hamework tack and the	ontional	
(5 min)	You may want to explain the Homework task, and the optional extension work.			
(y	333			
3. Plenary (5 min)	 what do we do know now that we didn't before? 			
		g from the lesson		
	• who ho	as done well in the lesson?> merits		
And next lesson	My PET B	rain		

Year 7 Thinking and learning Skills (v2) - 7 - 2 - Brain (1) The Big Picture....



Lesson notes....

Do one of the **Brain Booster** exercises at the start of this lesson, and at some suitable point mid-way, to refresh and re-focus. Teach students the rhyme that goes with the exercise.

Lazy 8s	Double	Arm	Hook Ups	Balance
	Doodle	Activation		Buttons
"To read and	"Links hand and	"At any time, to	"It's easily done,	"To think and
write, and do well	eye, helps writing	relax and feel	there's no hocus	remember, and do
in a test,	too,	great,	pocus,	well in PE,
Lazy 8s is the	Double Doodle is	all you do is Arm	Hook Ups help me	Balance Buttons
very best."	the one for you."	Activate."	to listen and	is the one for
•	·		focus."	me."

About the Brain....A useful <u>Starter</u> is to make a human circuit, with one 1.5 Volt cell, a sensitive meter, and a few students. With them all connected, holding hands, you get a minute (safe) but measurable current. The point is that we are electrical conductors, and the brain cells work electrically.

I have selected key slides and diagrams for the OHP version. The PowerPoint pres. should "run itself". It is a fuller treatment, in colour and there are things that move.

The key progression of ideas is....

- The immense, unlimited power of the basic human Brain
- The individual neuron....main parts....how it conducts electricity....how to improve the synaptic connections.....basics of brain maintenance
- The brain "thinks" by millions of neurons all working together the "Cooperative Brain"
- how practising learning keeps neurons alive and in good condition

This leads into Brain (2), which goes into overall brain organisation and function.

There are a lot of new words; I've tried to help with some learning aids.

Year 7 Thinking and learning Skills (v2) - 7 - 2 - Brain (1)

The students have a **worksheet** to do, on neurons. I've made them cut'n'stick, with some key missing words to fill in. You could get them to try in pencil, check each other's ideas, and finally put the OHT/slide up for the correct answers.

As extension work, I've asked students to "RTS" their work, and use partners to practise and test each other. I'm not sure how the time will go on this.

I'm anticipating that the Brain, like Space, will interest students. We each have the most amazing means of thinking and feeling in the 11/2 Kg of squishy grey matter between our ears. Here are some observations (not just facts)...

- A standard brain holds about 1 million million (1×10^{-12}) neurons...that's about 100 times more than a 10 gigabyte hard drive
- But then the neurons connect....each can connect with 1000 or more others...so the information you can remember is virtually limitless.
- The brain not only holds more data, but is hugely faster in processing speed. A modern PC running at 2 gigaHertz, does 2 thousand million little calculation steps per second adding 2 + 2 might take half a dozen steps. The human brain doesn't work this fast, but it works by millions of neurons all firing and connecting together. Susan Greenfield, the eminent neuroscientist, estimated that you'd need a power station to run enough PCs in parallel to match a human brain that would be 500 MW for a power station ÷ 500 W for a single PC, which makes about 1 million PCs.
- All this is for an average brain. Some authorities talk about us using only 2-4% of our potential. Others take issue with this, but you get the general idea.
- The brain doesn't just compute logically. It handles body movements, emotions, inputs from all
 the senses as well. Our thinking and learning become vastly more effective if we link them to
 emotions and movements.
- a bee apparently has about 900 brain cells, and a brain about the size of a grain of salt. Yet
 think of all the things a bee does...fly...find nectar...bring it back to the hive and store it...AND
 do the well known bee dance to tell the other bees where to find the flowers. Think what we
 can do with a billion times more neurons.

Starter

Option A...You can borrow the cell (battery) lead and sensitive meter from science...or you can do Option B.

Main part

(a) You'll need to set up your room for the laptop, with projector and screen/wall. Students very much liked the PowerPoint presentation - a major problem was the number and depth of questions and comments it generated!

I've selected some of the slides for a WORD format, in case you can't get a laptop/projector.

(b) I've tried to summarise the learning in a worksheet format...you can use the cut'n'stick labels, or get students to write their own labels in. The former approach takes time and resources, but allows students to shape their ideas.

Put a brief summary of the lesson in the "Big Picture"

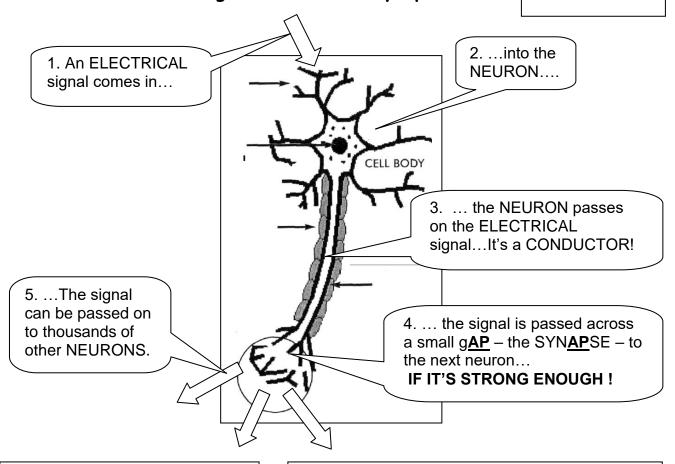
Homework

This is the first of the "Thinking Diary" homeworks. You will need to introduce and explain this carefully....use the Guidance sheet...ensure students stick this in their Ex. books.

Plenary...check the learning...who's done well?

The basics of Brain learning - Neurons and Synapses

OHT 1 Brain (1)



Your brain has about 1 000 000 000 000 neurons That's 1 million million ...and the number of synapses is unlimited.

You might need about 10 million PCs all working together to match 1 Human brain.

Practising your learning....

1. keeps the NEURONS alive and working

2. strengthens the connections at the SYNAPSES

3. makes the NEURONS better conductors

Learning Tips....

 $syn\underline{AP}se = a \underline{gAP}$ NEUron = NEW learning

Growing new Connections

OHT 2 Brain (1)



Neurons grow and connect in the first years of life







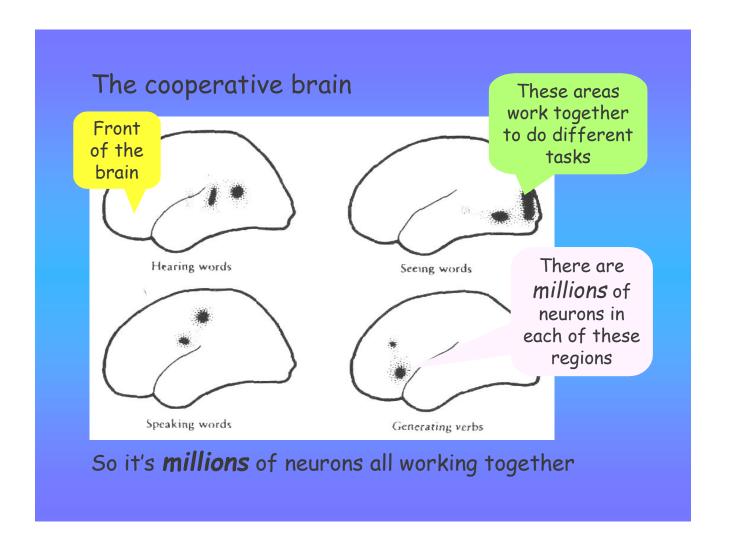
After that....
it's "Use it or
Lose it"!

If a new neuron does not make contact ... or is not used enough, then it dies.

Everything you know and can do is held in the pattern of neurons and synapses

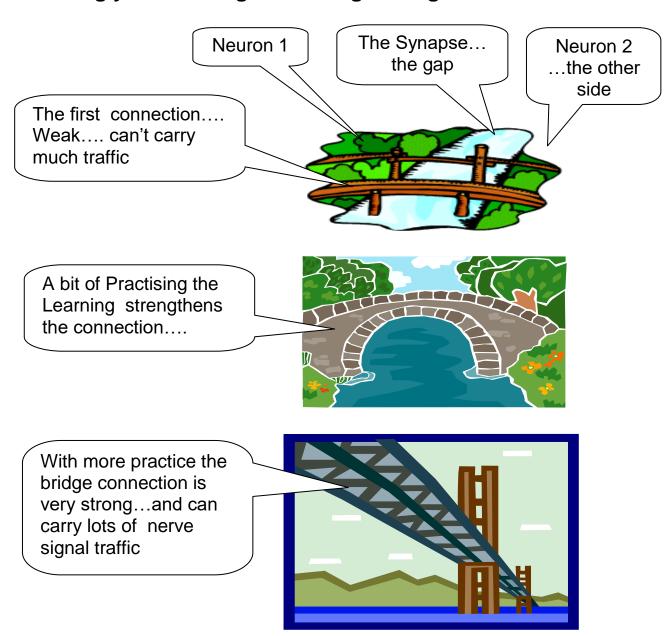
But it's not just 1 neuron at a time...

OHT 3 Brain (1)



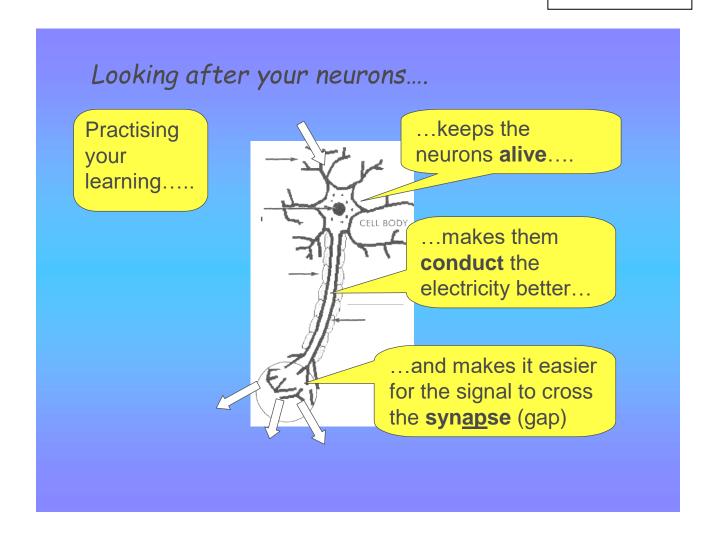
OHT 4 Brain (1)

Neurons and Bridges Practising your learning and strengthening the connections



Looking after your neurons.....

OHT 5 Brain (1)

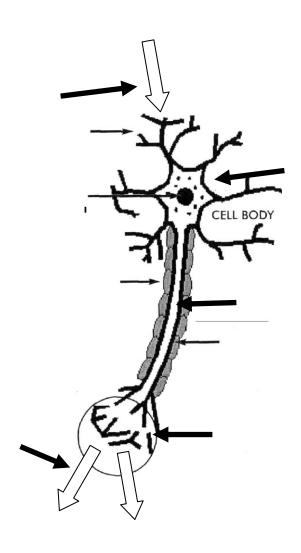


Year 7 Thinking and learning Skills (v2) - 7 - 2 - Brain (1)

The Electrical Neuron

Name _____ Form ___ Teacher __

Worksheet 1 Brain (1)



Remember! syn<u>AP</u>se = a <u>gAP</u> <u>NEU</u>ron = <u>NEW</u> learning

<u>Tasks</u>

- 1. Fill in the **missing words** in the boxes.... Cut them out and match them to the diagram...Don't stick them in until you've checked with your teacher!
- 2. **Read** your completed diagram....quietly read aloud what each part does....cover the labels....can you repeat what they say?
- 3. **Test** the other students in your group on the diagram...get them to test you.

4. Can you complete this summary by filling in the	e missing words?
Our ns work by passing on sign	als to ts of other neurons.
Each signal is a tiny e	_ c To get to the next
neuron, the signal has to cross a small gap	called a s
If we practise our learning, we keep the $_$	s alive, and make it easier
for the ss to cross the s	_ to the next

The Electrical Neuron

Labels for Worksheet 1 Brain (1)

A. The is passed on to lots more neurons	A. The is passed on to lots more neurons	A. The is passed on to lots more neurons
B. A new E	B. A new E	B. A new E
signal arrives	signal arrives	signal arrives
C. The main part of the	C. The main part of the	C. The main part of the
Neuron	Neuron	Neuron
(a Bcell)	(a Bcell)	(a Bcell)
D. The the	D. The the	D. The the
gap the signal must cross	gap the signal must cross	gap the signal must cross
to get to the next	to get to the next	to get to the next
E. The signal is passed on	E. The signal is passed on	E. The signal is passed on
as a tiny electric	as a tiny electric	as a tiny electric