

Unit 1 – “My Brain and My Learning”					
Lesson	Title + Learning Outcomes	Main Activities	Resources	Homework	Skill Lesson H/work
1.1 (1)	“Icebreakers” <ul style="list-style-type: none"> the names of 3+ new students draw a Cluster Map summary of the lesson say what we do in Circle time 	<ul style="list-style-type: none"> Brain Booster Circle Time - icebreakers 	<ul style="list-style-type: none"> Ex. books Skills Record A3 & A4 paper...glue sticks 	1.1 Make an A4 Cluster Map “About Me”	<u>CT 1</u>
1.2 (2)	“Brain – 1” <ul style="list-style-type: none"> the name the parts of a neuron, and how it works say how practising my learning improves my neurons and synapses 	<ul style="list-style-type: none"> Brain Booster Ppt pres. on the Brain - neurons summary w/s 	<ul style="list-style-type: none"> Laptop + projector + screen Human elec. circuit – optional Thinking Diary – guidance sheet 	1.2 A Day in the Life of a Neuron...use keywords.	<u>BL 1</u>
1.3 (3)	“PET Brain – 2” <ul style="list-style-type: none"> name the 3 main parts of the brain, andsay what each part of my brain does 	<ul style="list-style-type: none"> Brain Booster Ppt pres. on the Brain – parts of the brain summary w/s 	<ul style="list-style-type: none"> Laptop + proj. / OHP W/sheet, scissors, glue 	1.3 PET Brain poster - parts of brain and jobs they do	<u>BL 2</u>
1.4 (4)	“Brain Gym” <ul style="list-style-type: none"> say how Brain Gym exercises can help me learn name & do the 5 basic Brain Gym exercises 	<ul style="list-style-type: none"> Brain Booster Ppt pres. on Brain Gym basic Brain Gym exercises 	<ul style="list-style-type: none"> Laptop + proj./OHP W/s, scissors, glue 	1.4, 1.8 Teaching someone what you’ve learned	<u>TL 1</u>
1.5 (5)	Review of My learning <ul style="list-style-type: none"> draw a Cluster Map of my learning say what things I know and where I have difficulty compare my Cluster Map with others 	<ul style="list-style-type: none"> make Cluster Map summary of learning review and compare 	<ul style="list-style-type: none"> OHP summary of learning (MN) 	1.5 Complete the Cluster Map review – tackle difficulties	<u>TL 2</u>
1.6 (6)	Circle Time – “My Life” <ul style="list-style-type: none"> reviewing your life thinking about the effect of positive and negative events. 	<ul style="list-style-type: none"> Brain Booster “Sarah sausages” Lifelines 	<ul style="list-style-type: none"> A3 paper felt tips 	1.6 Thinking Diary – “My Life-Line”	<u>CT 3</u>

Unit 2 – “VAK and Learning Skills”					
Lesson	Title + Learning Outcomes	Main Activities	Resources	Homework	Skill Lesson H/work
2.1 (7)	“VAK Profiles” <ul style="list-style-type: none"> know my own VAK Profile matching VAK and Learning activities finding examples of VAK learning in different subjects 	<ul style="list-style-type: none"> do VAK questionnaire match Learning activities to VAK styles 	<ul style="list-style-type: none"> VAK Questionnaire Cards and table Summary table/worksheet 	2.1 Test someone to find their VAK profile, and produce a poster about VAK Learning styles.	LS 2 <u>LS 1</u>
2.2 (8)	“VAK and Spelling” <ul style="list-style-type: none"> use VAK to remember spellings improve my understanding of VAK 	<ul style="list-style-type: none"> learn and use VAK techniques for successful spelling 	<ul style="list-style-type: none"> OHP “Mayonnaise” w/s words to spell 	2.2 Using VAK to spell other words	<u>LS 4</u>
2.3 (9)	“VAK and Maths” <ul style="list-style-type: none"> use VAK to do computations improve my understanding of VAK 	<ul style="list-style-type: none"> learn and use VAK techniques for successful maths computations 	<ul style="list-style-type: none"> OHP Maths w/s computations to do 	2.3 Using VAK to do other maths computations	<u>LS 4</u>
2.4 (10)	“VAK and Shopping” <ul style="list-style-type: none"> use VAK to remember a list of items use “Story-telling” and “Locations” as memory aids 	<ul style="list-style-type: none"> use VAK, “Story-telling” and “Locations” to remember a shopping list 	<ul style="list-style-type: none"> OHP A3 paper + felts 	Using Skills to remember a list for going away for the weekend.	<u>LT 6</u>
2.5 (11)	“VAK and Subject Learning – 1” <ul style="list-style-type: none"> groups identify VAK activities in different subjects groups present their poster to the class 	<ul style="list-style-type: none"> groups analyse different subjects to see where VAK are used in Learning – poster pres. 	<ul style="list-style-type: none"> OHP and pens A3 paper and felt tips 	(1) Describe your changing thinking... (2) Teaching & Testing someone (VAK, Brain...)	LS5 <u>TL 4</u> <u>TL 6</u> <u>LS 6</u>
2.6 (12)	“VAK and Subject Learning – 2” <ul style="list-style-type: none"> individuals describe Learning activities in a range of subjects, and categorise them as V, A or K. 	<ul style="list-style-type: none"> build up personal Mind Map of VAK activities in a range of subjects link Learning through VAK activities (colour code) 	<ul style="list-style-type: none"> OHP and pens A3 paper and felt tips 	Complete A3 Mind Map of VAK links between subjects	LS3 <u>LT 4</u> <u>TL 5</u>

Y 7 Thinking and Learning Skills – v2 – Outline

The order of these lessons can be altered to suit the School Calendar, to accommodate the Year 7 Exams...there is a Thinking Skills Exam.

Skills.....in **bold** = in the lesson.....underlined = done in Homework linked to the lesson.

Unit 3 – “Myself as a Teacher and a Learner”					
Lesson	Title + Learning Outcomes	Main Activities	Resources	Homework	Skill Lesson H/work
3.1 (13)	“Reviewing my learning” <ul style="list-style-type: none"> making my own Mind Map of my Learning sharing and peer reviewing to build on this say where I’m confident or uncertain 	<ul style="list-style-type: none"> use Mind Mapping to review Learning use Peer Reviewing to build on this 	<ul style="list-style-type: none"> OHP and pens A3 paper 	3.1 - Complete A3 Mind Map of Learning successes and difficulties	<u>LT 3</u> <u>TL 2</u>
3.2 (14)	“Revision Activities” – 1/2 <ul style="list-style-type: none"> learn how to use the 4 Revision activities...Mind maps, “Q and A”, “Bingo”, and “Just a Minute” work in a group to make a revision activity 	<ul style="list-style-type: none"> learn how to use the Revision Workbook group work on the first activity 	<ul style="list-style-type: none"> Work book and OHTs templates for Revision activities 	3.2 – complete the Revision workbook (if not done in the lesson)... Start making a Revision activity	<u>LT 7</u>
3.3 (15)	“Revision Activities” – 2/2 <ul style="list-style-type: none"> groups complete their second activity groups try out each other’s activities 	<ul style="list-style-type: none"> group work on the second activity groups share activities 	<ul style="list-style-type: none"> Work books templates for Revision activities 	3.2 continued – Complete the Revision activity....Bingo, or “Q and A”	<u>LT8</u>
3.4 (16)	“Teaching and Learning- 1-Planning” <ul style="list-style-type: none"> planning a short group presentation use VAK in teaching other students test other students’ learning 	<ul style="list-style-type: none"> set up teaching groups & subjects start planning presentations 	<ul style="list-style-type: none"> “Teaching Planning guide” OHP A3 paper, coloured A4, glues etc... 	3.3 - write up the Teaching Plan, and resource the planned lesson	<u>LS5</u> <u>LS6</u> <u>TL 6</u>
3.5 (17)	“Teaching and Learning- 2-Teaching” <ul style="list-style-type: none"> being the Teacher for a group of students being a Learner in another group’s lesson 	<ul style="list-style-type: none"> run group presentations record with camera/video 	<ul style="list-style-type: none"> camera / video 	3.4 – complete Teaching Plan, write up Learning Record	<u>LS 6</u> <u>TL 3</u> <u>TL 6</u>
3.6 (18)	“Teaching and Learning – 3 - Review” <ul style="list-style-type: none"> reviewing the class’s Teaching presentations discussing progress in my Thinking 	<ul style="list-style-type: none"> show photos/video review the work of the groups – maybe Circle Time format 	<ul style="list-style-type: none"> PC/projector (maybe) 	3.5 – Revise for the Thinking Skills exam.	<u>CT1</u> <u>TL3</u>
3.7 (19)	Thinking Skills Exam <ul style="list-style-type: none"> how much have you learned on the Thinking Skills course? 	<ul style="list-style-type: none"> Exam warm-up – if you wish Exam – takes nearly all the lesson 	<ul style="list-style-type: none"> Exam paper blank A4 paper crayons (maybe) 	- - -	- - -
3.8 (20)	PET Brain – Class activity	<ul style="list-style-type: none"> students “create” a model PET brain. 	<ul style="list-style-type: none"> A3 paper & felt tips 	A Mind Map summary of the lesson	- - -
3.9 (21)	Circle time - Filler			A Mind Map summary of the lesson	<u>CT1</u>